UCHM NEWS

We are closed Nov. 3 and Nov. 25-27. We reopen Nov. 30

November-December 2025



CAN'T GIVE CASH? WE'LL TAKE THESE

Look for canned products with pop tops

- frozen meat, all kinds
- canned or packaged meat, all kinds
- butter
- milk (liquid, powdered, or infant formula)
- eggs
- canned soup
- canned meals, such as Chef Boyardee
- cooking oil
- sugar
- rice
- flour
- cereal
- canned vegetables, all kinds
- canned beans, all kinds
- toilet paper
- shampoo
- conditioner
- diapers, all sizes
- spices
- coffee
- tea
- juice
- canned mixes, such as Jiff corn meal or Bisquick mix
- laundry detergent
- cleaning supplies
- body wash/soap

Drop off Items Monday-Thursday, 9:30-4, 150 State Street

UNITED MARKET IN CRISIS

Increasing need and decreasing federal help leads to shortages

It takes about $1,200 per day to provide groceries to people who come to United Crescent Hill Ministries' food pantry.

Right now, we can't keep up.

With rising food, medical and gas prices, more people than ever before come to United Market the four days we're open. As need rises, the federal government has cut its monthly food allotment by more than half. At the same time, federal action has pushed people out of SNAP, the foodstamp program, and off of Medicaid.

For many of our neighbors and their children, the pantry stands between them and an empty table; seniors on fixed incomes, parents stretching a paycheck, kids who count on dinner at home.

We can't continue to do this without your help.

Twelve hundred dollars will feed at least 50 families for a week. But every dollar helps. To give, use the QR code above, or visit uchmlouisville.org/get-involved/give/ Or send a check to UCHM at 150 State Street, 40206.

Three Ways to Give in 2026

Be a member of an exclusive group, **Club 20/27,** by signing up to donate monthly to United Crescent Hill Ministries.

Our goal is modest: We want 20 people to contribute at least $27 every month. You can do so by using the QR Code on page 1 or by visiting uchmlouisville.org/get-involved/give/ and signing up to be a monthly donor.

Monthly donors help us tide the ups-and-downs inevitable in every organization, such as unexpected building repairs or a sudden surge in the number of people who need food assistance. Monthly donors give us the kind of stability we need to best serve children, families, seniors – anyone in need.

Today, only nine people make monthly gifts to UCHM. Join the Club 20/27 and help our neighbors thrive.

Put your community on your holiday gift list by making a donation to United Crescent Hill Ministries.

Here are three ways you can do that and reap the biggest benefit for your family. At the same time, you'll be helping keep your neighbors housed and fed.

Give by December 31

Gifts made by the year's end count toward this year's taxes. You can donate online at uchmlouisville.org/get-involved/give/ or by scanning the QR code on page 1. Or, mail a check to 150 South State Street, Louisville, Kentucky, 40206.

Give from your IRA

If you're 70½ or older, you can reap a tax savings by giving directly from your IRA through a qualified charitable distribution, or QCD, in fact, the IRS allows you to give up to $111,000 this way. The advantage of a QCD? You pay no income taxes on the gift. If you're 73 or older, the donation can also count toward your mandatory minimum distribution.

Using a QCD can keep you from being forced into a higher tax bracket when you take your mandatory distribution. Plus QCDs don't count against maximum deductible amounts when you itemize.

Even if you don't itemize deductions, a qualified charitable distribution can reduce your taxes in full. To make one, ask your IRA provider to send a check directly to United Crescent Hill Ministries. The money can't pass through your hands first. Ask your tax adviser whether a QCD is right for you.

Create a legacy

Including UCHM in your will is one of the most lasting gifts you can give.

It can't cost you today, and it helps make sure UCHM is here for your neighbors for years to come. A bequest can be a set amount or a share of your estate. Your attorney can add it with a simple sentence.

If you've already included UCHM in your plans, please let us know so we can thank you. Call Stephanie Henry-Floyd at 502-893-0346.

Christmas Connection: Apply Now

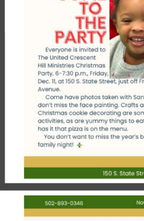
Let us help you have a Merry Little Christmas through our annual Christmas Connection.

Families can apply now to see if their children are eligible to receive a $100 retail gift card and a $50 Kroger gift card.

Children must live in the 40206 zip code, and must be in the care of the person applying. Children in 12th grade and younger are eligible for gift cards, but only four children per family can be accommodated. To apply, visit uchmlouisville.org/events to find the application.

GIVE A LITTLE CHRISTMAS: **$150 provides Christmas for a child. To give, go to uchmlouisville.org/get-involved/give/ or use the code on page 1**

COME TO THE PARTY



Everyone is invited to The United Crescent Hill Ministries Christmas Party, 6-7:30 p.m., Friday, Dec. 11, at 150 S. State Street, just off Frankfort Avenue.

Come have photos taken with Santa, and don't miss the face painting. Crafts and Christmas cookie decorating are some of the activities, and a yummy things to eat. Rumor has it that pizza is on the menu.

You don't want to miss the year's best fun family night!

SIGN UP NOW FOR YOUR THANKGIVING BASKET

Families in the 40206 zip code may be eligible for a Thanksgiving basket containing a coupon to purchase a turkey and a bag full of side dishes.

Sign up by today. As long as we still have baskets to give away, we'll keep giving them. But don't wait.

To apply, scan the QR code, or stop by our office at 150 S. State Street.

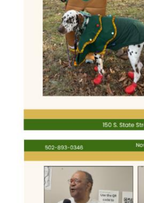
Questions? Call 502-893-0346.

Ceremony to recognize those who make UCHM great

Please join us at 2 p.m., Sunday Nov. 8 for a special ceremony to honor the UCHM Hands & Hearts Class of 2026.

The Hands & Hearts induction ceremony each year celebrates the people who make United Crescent Hill Ministries a vital part of our community.

Honorees this year include long-time volunteer Spencer Johnson, UCHM senior coordinator Monique Shaughnessy, and the late Rev. Mark Jankie.



Santa sprint!

JOIN THE 30TH RUNNING OF THE MOST FUN SPRINT & STROLL OF THE YEAR



Register now for the 30th Annual 5K Santa Sprint & Stroll – a UCHM fundraiser.

The Dec. 19 race around the Cherokee Park Loop may be the most fun 5K of the year, with fleet-footed Santas, elves, gingerbread people and Christmas tree dogs.

To register to run or stroll, go to rebrand.ly/santasprint26

Curtis Williams

60-PLUS NOVEMBER

TUESDAYS

10:30 a.m. every week Chair yoga. Open to sit.

Nov. 3 Closed for election day

10:30 a.m. Nov. 10 Group game: Left, Right, Center.

10:30 a.m. Nov. 17 Crafts with Aunt Sally.

10:30 a.m., Nov. 24 Friendsgiving

WEDNESDAYS

10 a.m., every week Strength and resistance training. All welcome.

10 a.m., every week Crochet group, all ages welcome

THURSDAYS

10:30 a.m., Nov. 5 Registration for our 90-plus program continues, plus, nutrition information will be shared.

10 a.m., Nov. 12 Bingo

Noon, Nov. 12 Singer extraordinaire, Curtis Williams. This is a not-to-be-missed event!

10:30 a.m., Nov. 19 Guest speaker, Abby Bauer, business development manager from Access Care.



Pauline Parris Laura Cissell

LUNCH & BINGO

11:15 a.m. every Tuesday & Thursday Lunch is served. Reservations required one week in advance. Call 502-893-0346.

11:45 every Tuesday & Thursday: Bingo

Happy Mahjiving



Join us for mahjong; do a good deed while you're at it

Help us set the table for Thanksgiving by playing mahjong from 5-8 p.m. Nov. 11 at United Crescent Hill Ministries, 150 S. State Street.

How does mahjong set the table? As admission, we ask for $5, which goes towards United Pantry operations, where we give away groceries to neighbors in need four days every week. Alternatively, you can donate food. This month we're asking players to bring Thanksgiving items such as dressing, canned veggies, cranberries, boxed mashed potatoes, and even pies.

Bring your own tiles; we also have tiles on hand. Refreshments are served.

Board member honored with Bell Award

Allison Goudsk, a member of the United Crescent Hill Ministry board, was honored for her volunteer work in the WLKY Bell Awards.

Allison is the creator and manager of our monthly Marty for a Cause, which supports the United Pantry.

She also devotes more than 500 hours yearly to the Kentucky Derby Festival, assisting in planning and event prep. She also volunteers with St. John's Center, devotes time to the St. Leonard Parish Council, and is on the boards of YMCA Northeast and St. Joseph's Children's Home.

She does all this while working full time at Kroger.

United Crescent Hill Ministries | 150 State Street | Louisville, KY 40206 US

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