September NEWSLETTER

Give for Good Louisville

By donating to United Crescent Hill Ministries Sept. 18 during the Give for Good Campaign, you make it possible to help families like this dad's. Your dollars keeps families together and help them stay housed and fed. Your donation staves off hunger and fights loneliness. Join us in creating a compassionate community. Remember to donate Sept. 18 at https://bit.ly/GiveUCHM or use the QR code below.

One Dad's Story

Most weekends Sheldron Young springs for an Uber up to Shelbyville to pick up his kids for the weekend.

He doesn't have a car. He can't begin to afford one. But he's not going to miss his chance to spend time with his three children, ages 9, 8 and 4, even though it strains his budget.

God forbid anything unexpected arises. It would tumble the creaky edifice of his finances entirely. That almost happened last year when his landlord surprised him with a list of charges he didn't realize he owed. Pay up, he was told, or your out.

"So I'm all over Louisville asking about rental assistance," he says. No one could help him. He approached Stephanie Henry-Floyd, today UCHM's executive director, and Mark Howell, executive director last year. "Is there something you guys can do?" Sheldron asked.

'Is there something you guys can do? Because I need something in a hurry.'

"Because I need something in a hurry." If he lost this apartment, he worried he'd also lose custody of his kids.

At first, they couldn't help, so he kept looking. No one had ready funds. Finally, UCHM found a way to come

See page 2

One Dad's Story

Continued from page 1

through, giving him enough money to get over the hump, which allowed him to pay off his balance over remaining months.

"For the last 15 years, I always paid my rent. You don't not pay the rent," he said. So discovering he was in arrears surprised him. "But I was like, all right. Let me just do what I have to do."

Sheldron is on disability due to severe a degenerative joint condition that started in high school. Back then, he'd play a little basketball and not be able to bend his knees afterwards. Of course, being a teenager, he didn't let that stop him. Now, as he approaches 40, it has curtailed his mobility.

UCHM continues to play an important role in his family. He visits our pantry weekly for groceries.

"It's beautiful. It's like a blessing," he says. "The people at the center feel like family. Without them, I don't know where I'd be.

"When I go to the pantry, the line is long. Everybody loves this place. Everybody needs this place."

THANK you!

Thanks to your generosity, we suppled more than 100 children with backpacks stuffed with school supplies. We had enough money this year – $4,000 – to add undergarments, socks and gloves. Great work everyone!

We're grateful to all the awesome folks who supported our vibrant 60-plus program by buying mums. We increased sales over last year by more than 60%! Thanks to you from the bottom of our hearts!

WE NEED SHOES!

Our shoe drive has been extended until Oct. 13! We need at least 50 more bags of shoes to meet our goal!

Can you ask your neighbors, fellow book club members, mahjong teammates, your bowling league and the folks you play golf with if they can please donate their new or gently used shoes to this fundraiser?

Funds2Orgs generously allowed us to extend our drive. This organization sends the shoes you donate all over the world, where they help families establish shoe-sales businesses. Funds2Orgs pays us for the shoes we donate. So the more shoes you give, the more money we have for programs at UCHM.

Bring your shoes to 150 State Street between 9 and 4 p.m. Monday through Thursday.

MAHJONG NIGHT

Join the fun 5-8 p.m. Wednesday, Oct. 8

Our Mahjong Night was such a success, we've decided to make it a regular event on the second Wednesday of every month.

So meet us at UCHM, 150 State Street – just a few steps off Frankfort Avenue -- from 5-8 p.m. Wednesday, Oct. 8.

Admission is $5 or five gently used or new pairs of shoes, or any combination of dollars or shoes. (We'd love it if you'd bring lots of shoes!)

We'll have refreshments on hand and a $5 entry split-the-pot raffle.

You can bring your own Mahjong set, and we'll have several on hand. New to the game? Someone will be on hand to help newbies.

TUESDAYS

September 16
10:15 a.m. Aunt Sally's Crafts.

September 23
10:30 a.m. Deanna Scoggins plays piano.

September 30
10:30 a.m. Flute Song Trio performs

THURSDAYS

September 18
10:30 a.m. Graham Mathews from Oak Street Health hosts Health Jeopardy.

September 25
10:15 a.m. Happy Birthday to July, August and September babies.

Also at 10:15 a.m.: Blue Moon Karaoke.

EVERY WEEK

Tuesdays
10:30 Chair yoga with Arnie. Join the group any time.

Tuesdays & Thursdays
11:15 a.m. Lunch served. Reservations required one week in advance.
Call 893-0346.

Tuesdays & Thursdays
11:45 a.m. After lunch, it's time for Bingo!

Wednesdays
10 a.m. Strength and resistance exercise with Joe Bohannon .

Wednesdays
10 a.m. People of any age can join our crochet group. If you know how to crochet already, help make items for Project Baby Launch. If you've never made anything with yarn, this group is ready to teach you how to get started.

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TUESDAYS

October 7
10:30 a.m. Octoberfest! Polka the morning away. Join us for fun-filled activities.

October 14
10:30 a.m. Live music with the Elderblooms

October 21
10:15 a.m. Aunt Sally's crafts

October 28
10:15 a.m. Bring your own board game.

THURSDAYS

October 2
10:30 a.m. Allison Woosley from the Office of Aging and Disabled Citizens, shares resources with seniors.

October 9
10:15 a.m. Live music with the Mellwood Musicians

October 16
10:30 a.m. Mary Shnurr from Martycares hosts a Medicare enrollment quiz.

October 23
10:15 a.m. Blue Moon Karaoke.

October 30
10:30 a.m. Halloween Party: Wear a costume and we'll play Let's Make A Deal.

It's not too late to enroll your children in our after-school program.

At $25 per week (assistance available), this good deal includes a meal. The program runs 3-6 p.m. Monday-Thursday, following the Jefferson County Public School System schedule.

To enroll your children, use this QR code and scroll down to the enrollment form. Or type bit.ly/schooluchm in your browser.

Join the Fall Festival Fun 4-7:30 p.m. Sept. 27

when Crescent Hill Baptist and St. Marks Episcopal churches sponsor a Festival to raise money for UCHM

You'll find the bash along Frankfort Avenue, between Birchwood and Kennedy avenues.

FALL FESTIVAL FISH FRY & GAMES & MUSIC

Crescent Hill Baptist & St Marks Episcopal churches are throwing a fall GATHERING and FISH FRY and CORNHOLE competition and besides FISH there are HOT DOGS and BRATS and BEER and BEVERAGES and JAZZ and KARAOKE and DISC GOLF and FOURSQUARE and don't forget PICKLEBALL

SEPTEMBER 27

She's Got the Spirit!

It's not just Monique Shaughnessy's coworkers who recognize the spirit and energy the UCHM 60-Plus program coordinator brings to everything. Now, the Crescent Hill Community Council has weighed in, honoring Monique earlier this month with a Crescent Hill Spirit Award. Monique, left, is pictured with Terry Dunham, long active in the community council.

Volunteers Need: Can You Help?

If you'd like to make a real contribution to your community, this is your chance. If you're interested, give us a call at 502-893-0346. We need volunteers in the following areas:

- Do you know how to use Canva? We could use another person with a little design flair and some solid-but-basic writing skills.
- Meals-On-Wheels needs drivers to deliver food to folks who can't get out.
- We need someone to do data entry in the food pantry.
- If you have a car, you can help us by picking up groceries from designated retail locations.
- Do none of the above seem quite for you, but you'd just like to help out? Give us a call.

Rent Our Community Room

Do you need a place to hold your bash? Our community room seats about 100 and is available for rent. Call 502-893-0346 to enquire.

pantry CHECK LIST

Every month we receive food deliveries from Dare to Care and the USDA.

Sometimes, as we get closer to the delivery date, the cupboard grows bare, especially as the number of visitors to the pantry steadily increases.

This month, we are very low on meat. If you can afford to donate hamburger or chicken, please consider it. Meals in a can, especially those with pop-tops, like Chef Boyardee, are also always welcome, as are canned meats.

Don't forget hygiene items: shampoo, soap, deodorant, sanitary pads, adult diapers.

And as always, we need toilet paper and diapers, sizes 2-8.

TEAM EFFORT

Can we get a round of applause for the good, hard-working folks at Farm Credit?

They came by this month to give UCHM the kind of deep cleaning that would have cost a bundle.

We're sure the team members went home with sore muscles. And we hope they also feel our deep gratitude for a job well done.

The whole day was thanks to Dare to Care, which arranged for work teams to help groups all over town. It was the third time Dare to Care has sponsored what they call Food Fight, where more than 300 businesses contribute labor to food pantries, Ronald McDonald House and other services.

FREE MONEY

There's a painless way to increase your giving to UCHM. You know that Kroger card you use to take advantage of discounts?

Every time you use it, Kroger makes a donation to us if you do the following: Go to Kroger.com/communityrewards, log-in, scroll to item 2, click where it says "search for your organization here," and select United Crescent Hill Ministries.

That's it! It's not a load of money, but it all helps.